GIDRM Workshop L'Aquila, 07-08 June 2018

The full address is:

University of L'Aquila

Dipartimento MESVA(Medicina Clinica, Sanità Pubblica, Scienze della Vita e dell'Ambiente)

Building Coppito 2 - second floor

Room C.3.5 (Lectures)

Room C.3.25 (Registration/Slide preparation)

Room C.3.26 (Posters/Exhibition/Buffet)

Via Vetoio 46, Localita' Coppito

67100, L'Aquila, Italy,

GPS: lat 42.367618°; long 13.351668°.

Hotels in L'Aquila

HOTEL	Distance (Km)	webpage
Hotel Amiternum	2.2	www.hotelamiternum.it
Hotel Dimora del Baco	2.4	www.ladimoradelbaco.it
Hotel Compagnia Viaggiatore	3.2	Inx.compagniadelviaggiatore.it
Hotel Residence Azzurro	3.3	www.hotelazzurro.it
Hotel Canadian	3.8	www.canadianhotel.it
Hotel Porta Rivera	4.8	www.portariverahostel.it
Hotel 99 Cannelle	4.9	www.hotel99cannelle.it
Hotel Duca degli Abruzzi	5.1	www.ducadegliabruzzi.com
Hotel Castello	6.0	www.hotelcastelloaq.com
Hotel Federico II	6.0	www.hotelfedericosecondo.it
Hotel San Michele	6.0	www.stmichelehotel.it
Locanda Corridore	8.5	www.osteriacorridore.it
Magione Papale Relais	9.9	www.magionepapale.it
Hotel Valle dell'Aquila	13.4	www.valleaquila.it
Hotel Giampy	20.0	www.hotelgiampy.eu
Hotel Cristallo	22.1	www.hotelcristallogransasso.it
Hotel Nido dell'Aquila	22.1	www.nidodellaquila.it

How to reach L'Aquila, Italy

L'Aquila is located in the centre of Italy, very close to the highest of the Apennine summits (The Gran Sasso, 2913 m), at around 100 Km to the east of Rome and around 110 Km to the west of Pescara.

The historical town of L'Aquila, with about 70,000 inhabitants, is positioned at an elevation of 721 metres in the Valley of the Aterno river. The mountains block the city off from warm humid air currents from the Mediterranean and give rise to a climate that is cool and dry, with many sunny days.

Getting to L'Aquila by Plane

The closest international airports are:

1. FIUMICINO AIRPORT (ROME)

2. CIAMPINO AIRPORT (ROME)

3. ABRUZZO INTERNATIONAL AIRPORT (PESCARA)

1. To get to L'Aquila from **Fiumicino Airport (Rome)** you can take an express coach service (about 2 hours) leaving directly from the airport and operated by Gaspari Bus (<u>www.gasparionline.it</u>).

Tickets can be bought on the bus or on the web page (www.gasparionline.it).

At **Fiumicino Airport** Gaspari coaches leave from Arrivals Terminal 3, at parking lot No. 35/36, which you can find on the far right side of the exit, close to the tickets stalls.

The bus will stop first at Ciampino Airport, for few minutes, and then it will go directly to L'Aquila, stopping in front of the petrol station ENI and the Hotel Amiternum. From there the closet Hotels are at a short walking distance (Hotel Canadian; Hotel Amiternum; Hotel Azzurro).

From here you can get the local bus (orange buses run by <u>A.M.A.</u>) to get to the Department MESVA (about 20 minutes), where the ESMRMB School will take place. Tickets can be bought a the bar Hotel Amiternum.

Alternatively, a taxi service (white marked cars) run from here and it takes only 10 minutes to reach the Department.

Alternatively, you can walk to the Department MESVA and it takes about 35 minutes.

2. To get to L'Aquila from **Ciampino Airport** (**Rome**) you can take an express coach service (about 1 and half hours) leaving directly from the airport and operated by Gaspari Bus (www.gasparionline.it).

Tickets can be bought on the bus or on the web page (www.gasparionline.it).

At **Ciampino Airport** Gaspari coaches leave from the pavement opposite the exit of the Arrival area. When you get out walk straight for around 80 metres as far as you reach the stall N. 2, close to the big stone monument dedicated to Corradino D'Ascanio (the inventor of the helicopter and Vespa).

The bus will stop directly to L'Aquila at the petrol station ENI/Hotel Amiternum. From here the closest Hotels are at a short walking distance (Hotel Canadian; Hotel Amiternum; Hotel Azzurro).

From here you can get the local bus (orange buses run by <u>A.M.A.</u>) to get to the Department MESVA (about 20 minutes), where the ESMRMB School will take place. Tickets can be bought a the bar Hotel Amiternum.

Alternatively, a taxi service (white marked cars) run from here and it takes only 10 minutes to reach the Department.

Alternatively, you can walk to the Department MESVA and it takes about 35 minutes.

GASPARI COACH TIMETABLE (please check the web page for updates)

From ROME Airports to L'AQUILA		From L'AQUILA to ROME Airports			
Fiumicino Airport	Ciampino Airport	L'Aquila (Hotel Amiternum)	L'Aquila (Hotel Amiternum)	Ciampino Airport	Fiumicino Airport
09:10	09:30	11:15	03:00	04:30	05:00
11:10	11:30	13:15	05:00	06:30	07:00

14:15	14:30	16:15	08:00	9:45	10:10
16:00	16:30	18:20	10:00	11:45	12:00
19:00	19:30	21:15	13:00	14:30	15:00
21:30	22:00	23:40	16:00	17:45	18:00
23:50	00:20	01:45	18:00	19:30	20:20

- 3. To get to **L'Aquila** from **Pescara** Airport (*Aeroporto Internazionale D'Abruzzo*), first you will have to reach **"Pescara Centrale"** train station and then catch a bus to L'Aquila.
 - Once you are outside the Airport, catch the local bus number 8 or 38.
 - Tickets can be bought from automatic machines or desks. Duration: around 20 minutes.
 - The bus will take you to Piazza della Repubblica in Pescara, a large square in front of "Pescara Centrale" train station.
 - Look for the TUA (ex ARPA) bus and buy a ticket for L'Aquila at the ticket office (*biglietteria* in Italian) you will find at the bottom of the square.
 - A ticket costs around 14 euros. Duration: around 1 hour and 50 minutes.
 - The bus will stop at the "Terminale Collemaggio". From here you need to catch the local bus (orange buses run by <u>A.M.A.</u>) to get to the Hotels or at the Department MESVA, where the ESMRMB School will take place.

Getting to L'Aquila by Train and Bus

The closest train stations are: 1. Rome Termini; 2. Rome Tiburtina; and 3. Pescara Centrale.

- 1. After getting off at **Rome Termini Train Station** you will have to take the underground line B (METRO B) for Rebibbia (look for signs indicating "Linea B", "direzione Rebibbia"). Your destination is **Tiburtina Train Station** (4 stops).
- 2. From **Tiburtina train station** you will find the coach station where the TUA (ex ARPA) buses leave for **L'Aquila**.

When you get out of Tiburtina train station, just cross two roads with a flyover above you and keep walking straight on with the station at your back. You may see the indication "Capolinea Atral e Cotral" or "Autostazione Tibus".

The bus TUA (ex ARPA) coaches (http://www.tuabruzzo.it/index.php?id=89) to L'Aquila will be leaving from stallo (parking lot) no. 1. The coach ticket has to be purchased before getting on the bus, at the ticket office in front of the parking lot. N. 6 (20 meter from the bus) or in the bus.

The journey takes about 1 hour and 45 minutes. When the coach will drive through the toll gate in L'Aquila, please make yourself ready to leave the bus at the first stop called **Hotel Amiternum**.

From there the closet Hotels are at a short walking distance (Hotel Canadian; Hotel Amiternum; Hotel Azzurro).

From here you can get the local bus (orange buses run by <u>A.M.A.</u>) to get to the Department MESVA (about 20 minutes), where the ESMRMB School will take place. Tickets can be bought a the bar Hotel Amiternum.

Alternatively, a taxi service (white marked cars) run from here and it takes only 10 minutes to reach the Department.

Alternatively, you can walk to the Department MESVA and it takes about 35 minutes.

If you have booked your hotel in L'Aquila city centre, just stay on the coach from Rome and get off at the last stop (Terminal Collemaggio - Lorenzo Natali).

TUA (ex ARPA) COACH TIMETABLE (please check the web page for updates)

ROME (Tiburtina) - L'AQUILA (bus station)	L'AQUILA (bus station) - ROME (Tiburtina)
Working days: 06:15, 06:45, 07:30, 08:10, 09:00, 10:00, 11:00, 12:25, 12:45, 13:20, 13:30, 14:15, 14:45, 15:00, 16:15, 17:15, 17:45, 18:15, 18:45, 19:00, 19:30, 20:30, 21:30, 23:00	Working days: 04:30, 05:00, 05:30, 06:00, 06:45, 07:15, 07:45, 08:00, 08:15, 09:00, 10:10, 11:00, 12:00, 12:30, 13:00, 13:30, 14:05, 15:00, 15:20, 16:15, 17:15, 18:00, 19:00, 20:15
Holidays: 08:10, 11:00, 12:25, 13:30, 15:00, 18:00, 19:00, 19:30, 20:30, 21:30, 22:00, 23:00	Holidays: 06:00, 08:00, 10:10, 12:30, 15:00, 16:15, 18:00, 19:00, 20:15

Additional bus lines from Rome Tiburtina are FLIXBUS and GASPARIBUS. Check the webpages.

- 3. To get to L'Aquila from "Pescara Centrale" train station.
 - The TUA (ex ARPA) bus (http://www.tuabruzzo.it/index.php?id=89) will leave from Piazza della Repubblica in Pescara, a large square in front of "Pescara Centrale" train station.
 - Look for the TUA bus and buy a ticket for L'Aquila at the ticket office (*biglietteria* in Italian) you will find at the bottom of the square.
 - A ticket costs around 14 euros.
 - Duration: around 1 hour and 50 minutes.
 - The bus will stop at the "Terminale Collemaggio".
 - From here you need to catch the local bus (orange buses run by <u>A.M.A.</u>) to get to the Hotels or at the Department of Medicine, where the ESMRMB School will take place.

PESCARA - L'AQUILA (bus station)	L'AQUILA (bus station) - ROME (Tiburtina)
Working days: 05:55, 06:25, 08:00, 08:30, 10:30, 13:10, 14:10, 16:05, 17:15, 18:00, 19:30	Working days: 06:00, 08:10, 10:00, 13:00, 14:10, 15:15, 16:10, 17:15, 18:20, 20:40
Holidays: 8:00, 13:00, 18:05, 19:45	Holidays: 08:10, 13:00, 15:30, 21:10

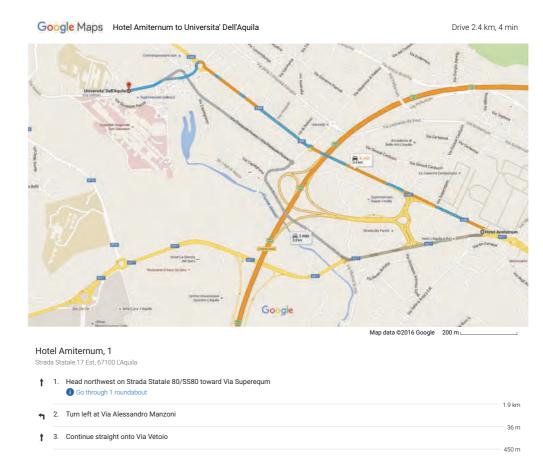
Bus from Hotels close to the main bus stops (Table 1) to University of L'Aquila (Coppito) and viceversa (Table 2).

Tickets can be purchased from the Bar/Hotel Amiternum just opposite the bus stop or at any local newspaper shop.

The local buses are labelled AMA and usually they are white/yellow.

Table 1	Hotels → University		
Bus number	From SS 80 Hotel Amiternum (bus stop same side of Campomizzi barracks)	To Coppito University (bus stop close by BAR VISION)	
2U	7:35	7:45	
2UG	7:40	7:50	
2U	8:15	8:25	
4	8:35	8:40	
2U	8:55	9:00	
2U	8:55	9:05	
6S	9:08	9:15	
Table 2	University → Hotels		
Bus number	From Coppito University (bus stop close by BAR VISION)	To SS 80 Hotel Amiternum (bus stop same side of Campomizzi barracks)	
4	18:13	18:15	
2UT	18:25	18:30	
6D	18:38	18:42	
4	18:53	18:55	
	13134	10:55	
2UT	19:20	19:25	
2UT 4			
	19:20	19:25	
4	19:20 19:33	19:25 19:35	





Bus stop at Coppito University

Universita' Dell'Aquila Via Vetoio, Coppito AQ



University main entrance (Building Coppito2)





